Race 3						
Position	Forename	Surname	Gender	Club	Time	
1	Peter	Avent	Male	Shettleston Harriers	00:14:55	
2	Stuart	Livingstone	Male	Corstorphine AAC	00:15:29	
3	Scott	Macleod	Male	Metro Aberdeen Running Club	00:15:47	
4	Leon	Johnson	Male	Edinburgh Athletic Club	00:15:51	
5	Stuart	Johnston	Male	Edinburgh Athletics Club	00:15:52	
6	James	Waldie	Male	Perth Road Runners	00:15:57	
7	Paul	Kieran	Male	PH Racing Club	00:16:07	
8	Cameron	Kerr	Male	Central Athletics Club	00:16:22	
9	lain	Macdonald	Male	Edinburgh Athletic Club	00:16:40	
10	Aaron	Bennet	Male	PH Racing Club	00:16:41	
11	Ben	Kinninmonth	Male	Fife Athletic Club	00:16:45	
12	Graeme	Doig	Male	PH Racing Club	00:16:47	
13	Kevin	Hamilton	Male	Edinburgh Athletic Club	00:16:49	
14	Jamie	Lessels	Male	PH Racing Club	00:16:56	
15	Darren	Jubb	Male	PH Racing Club	00:17:05	
16	Alastair	Walker	Male	Teviotdale Harriers	00:17:08	

	Race 2							
Position	Forename	Surname	Gender	Club	Time			
1	Nicholas	Lightfoot	Male	University of St Andrews XC/Athletics (00:17:02			
2	Mark	Ryan	Male	PH Racing Club	00:17:19			
3	Callum	McCormack	Male	Dundee Hawkhill Harriers	00:17:20			
4	Jenny	Bannerman	Female	Inverness Harriers	00:17:20			
5	Michael	Fullerton	Male	Edinburgh AC	00:17:21			
6	Bryan	Innes	Male	PH Racing Club	00:17:22			
7	Shona	McIntosh	Female	Hunters Bog Trotters	00:17:22			
8	Peter	Gibson	Male	Corstorphine AAC	00:17:32			
9	Scott	McClung	Male	Fife Athletic Club	00:17:38			
10	Stephen	Clark	Male	Fife Athletic Club	00:17:42			
11	Scott	Love	Male	PH Racing Club	00:17:53			
12	Barry	Davie	Male	Carnegie Harriers	00:17:59			
13	Kirstin	Maxwell	Female	Gala Harriers	00:18:00			
14	David	Henderson	Male	Pitreavie AAC	00:18:03			
15	Matt	Newton	Male	Kinross Road Runners	00:18:05			
16	Wright	Beveridge	Male	PH Racing Club	00:18:14			
17	Mark	Mclean	Male	PH Racing Club	00:18:15			
18	Robbie	Welsh	Male	Teviotdale Harriers	00:18:16			
19	Filip	Kozikowski	Male	Unattached	00:18:16			
20	Kristin	Lownie	Female	PH Racing Club	00:18:24			
21	Irvine	Welsh	Male	Teviotdale Harriers	00:18:40			
22	Hannah	Morrison	Female	Edinburgh University Hare and Hounds	00:18:59			

Race 1							
Position	Forename	Surname	Gender	Club	Time		
1	Natalie	Stewart	Female	Central Athletics Club	00:18:07		
2	Mark	Webster	Male	PH Racing Club	00:18:47		
3	James Nicc	White	Male	Motherwell AC	00:18:48		
4	Arianne	Holland	Female	Edinburgh University Hare and Hounds	00:18:50		
5	Kevin	Hughes	Male	PH Racing Club	00:18:58		
6	Mark	Western	Male	PH Racing Club	00:19:12		
7	Julie	Menzies	Female	PH Racing Club	00:19:24		
8	Shania	King	Female	Dundee Hawkhill Harriers	00:19:28		
9	Ed	Norton	Male	PH Racing Club	00:19:58		
10	Darran	Neilson	Male	PH Racing Club	00:20:24		
11	Mark	Love	Male	Unattached	00:20:40		
12	Scott	Нау	Male	Unattached	00:20:46		
13	Jason	Buttery	Male	PH Racing Club	00:20:58		
14	Neil	Maclachlan	Male	Pitreavie AAC	00:21:06		
15	Desmond	FitzGerald	Male	Pitreavie AAC	00:21:25		
16	Gemma	Mckee	Female	Carnegie Harriers	00:21:59		
17	Rachel	Barnett	Female	Dunfermline Track & Field	00:22:26		
18	Clare	Graham	Female	PH Racing Club	00:22:51		
19	Megan	Briers	Female	St Andrews University AC	00:23:19		
20	Jaden	Mackay	Male	PH Racing Club	00:23:49		
21	Allan	Gordon	Male	Hunters Bog Trotters	00:26:22		